Top tips for managing your money at university

In Newcastle, cost of living and student housing are generally lower than the UK average*, but we know managing your money at university can still be a challenge.

To help you balance your student budget, we have put together these top tips.

Visit the <u>Cost of Living</u>
<u>Hub</u> for more information about the support and resources available that may help you with the cost of living.

*QS Best Student Cities

Study savers



Borrow, don't buy: check out the e-books available from our <u>Library Service</u> before you buy everything on your reading list

Make the most of our <u>study spaces</u>: book individual study spaces, group study rooms or booths - some are available 24/7. Take some time out to relax in our Marjorie Robinson Living Room!

Ask our <u>friendly library team</u> about using our free resources: we have four libraries on campus and our Library Service is award-winning

University accommodation

Join our FREE social events: our ResLife team offers a <u>year-round programme of events and activities</u> for students living in our accommodation

Use our laundry facilities: all students can use the **facilities at Kensington Terrace accommodation** at a subsidised cost of £1.30 per wash or dry

Student life

Pick up a <u>Food Fob</u>: pre-load with funds to spend in any campus café and we'll give you 15% extra completely free

£1 meals: value breakfast and lunch options are available exclusively for students at a range of campus cafés

Bring your own lunch: communal spaces, such as libraries and the Sport & Fitness Centre, have microwaves to warm up your food. Explore our <u>interactive campus map</u>!

The <u>Student Pantry</u>: a free resource at the Students' Union for students who are in need to keep their shelves stocked

Free period products: Grace and Green sustainable period products are available in baskets at <u>various</u> <u>locations across campus</u>

Give It A Go: the Students' Union's <u>activities</u> <u>programme</u> includes crafts, social sports, discounted tickets, tours and trips with no membership required!

Cycle to save on transport costs: check out **Dr Bike** for FREE bike safety inspections and minor repairs



Financial support

Find a part-time job: visit our <u>Careers Service</u>, sign up to <u>MyCareer</u> and <u>find jobs on campus</u>

'Make It Happen' with our fund: <u>apply for support</u> with costs of attending interviews or work experience, developing projects or exploring business ideas

Join our 'Money Matters' Canvas course: learn how to manage money, budget and stay safe from fraud

Contact the <u>Student Finance team</u>: get advice and support, such as the **Student Financial Support Fund**

Wellbeing

<u>Be supported - 24/7</u>: access peer support through Talk Campus, take small steps to maintain your wellbeing through iNCLude app or speak to our <u>dedicated advice line</u> for postgraduates

Join a <u>wellbeing workshop</u>: for further support and advice, including financial support drop ins

Need a little extra help?

Contact our <u>Student Wellbeing team</u> on 0191 208 3333 or by <u>email</u> (during office hours)

Access support from the Students' Union's <u>Student</u> <u>Advice Centre</u> and visit the <u>Welfare and Support</u> <u>Centre</u>

Get **Emergency and Out of Hours help**